



Blyth Valley Times Shorts - Issue 1- May 2020

A Service of the Church for our Local Communities

Pew News

Well, not quite pew, but at home in your own chair news!! Welcome to the first of our monthly newsheets. For those of you not able to see our digital *Blyth Valley Times*, this sheet contains the “key” bits of information and news you might want to see. This month we have focussed on prayer and worship rather than news and views. Next month, if we are still digital, it will be newsy!

Jane

How to be a worshipping Christian in a world without an open church building?

The honest answer is I don’t know, or at least I don’t have the answers. For many, going to church gives us our social circle, as well as our spiritual refreshment. And at a time such as this it is absolutely natural and instinctive for us to want to gather together, to pray together. Being separate one from another is hard, very hard. So we do need to find ways to continue a life of prayer and worship. So how?? Well the first is, I think, to decide on the sort of pattern of worship and prayer you want to follow for yourself. A simple daily pattern creates a rhythm to each week.

And don’t worry if it is hard to pray. Prayer comes easily to some and is a real struggle for others. There are as many different ways to pray as there are people and no right or wrong way. We all have to find our own way. It is of course not a “pray and out pops the answer” process but it is a conversation, formal or informal, with God. I see it as the process of growing, building, deepening and trusting our individual relationships with God and like all relationships it takes work!

And then maybe you can also choose to worship and pray at the same time as a group of friends, or at the same time as we are doing in the Blyth Valley Cluster. Of course you could also choose to join in with all the various (wonderful at

times) services being broadcast on the radio, and TV, join in with songs or praise, google some great worship songs on you tube or play your own worship music.

It is hard, for each one of us. Loneliness is not easy, nor indeed is it easy if you are a family being crammed together. Escape to join in collective worship and you will know you are sharing in our faith as we always do – at home, like the early church in fact. But if it’s still so hard you feel bereft, ring and chat... the vicar is always able to chat over a “metaphorical cup of tea” after all!

The Revd Jane Held

WORSHIP AND PRAYER IN THE BLYTH VALLEY

You can join in a daily service (on Facebook - Blyth Valley Churches Suffolk page) 9am Mon-Fri; 9.30 am Sat/Sun; 9.30pm all week, 10am Zoom café worship

• AND/OR

You can use a service we have prepared for use at home at the same time as we are worshipping – available on www.blythvalleychurches.org.uk or by post

• AND/OR

And you can contact Jane (07771 556391) or Alison (07584416277) for a private prayer and worship service on the phone

Sunday Readings

3 May

The Fourth Sunday of Easter

Psalm 23

Acts 2.42-end

1 Peter 2.19-end

John 10.1-10

10 May

The Fifth Sunday of Easter

Psalm 31.1-5,15-16

Acts 7.55-end

1 Peter 2.2-10

John 14.1-14

17 May

**The Sixth Sunday of Easter
(Rogation)**

Psalm 66.7-end

Acts 17.22-31

1 Peter 3.13-end

John 14.15-21

24 May

**Sunday after Ascension
Day**

Psalm 68.1-10,32-end

Acts 1.6-14

1 Peter 4.12-14; 5.6-11

John 17.1-11

31 May

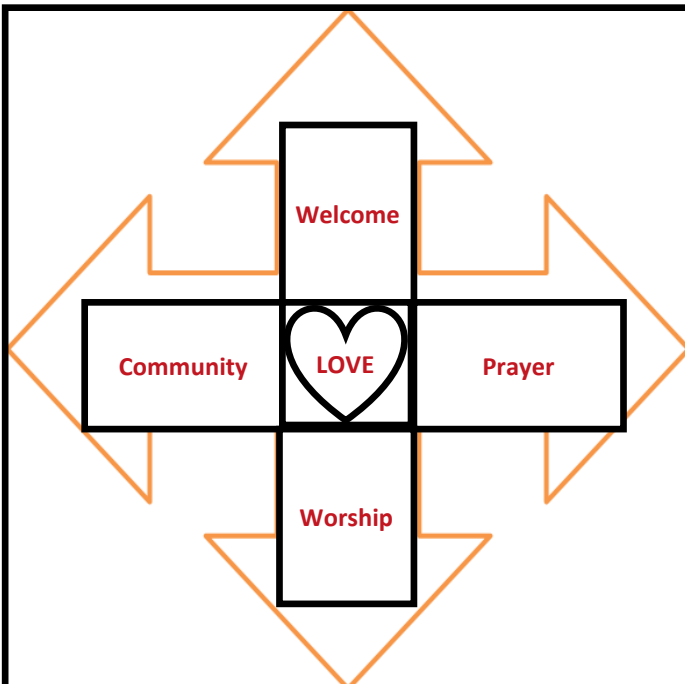
**Day of Pentecost (Whit
Sunday)**

Psalm 104.26-36,37b

Acts 2.1-21

1 Corinthians 12.3b-13

John 20.19-23



**Blyford - Bramfield - Chediston - Halesworth - Holton - Linstead - Spexhall - Thorington - Walpole - Wenhaston -
Wissett. With Heveningham with Ubbeston, Huntingfield and Cookley**

www.blythvalleychurches.org.uk



Worship and prayer in the Blyth Valley Cluster of Churches



Worship: Missing church? So are we, but we still worship every day.

You can join us on facebook at "Blyth Valley Churches Suffolk" for:

Daily morning prayer: 9am (9.30am Sat); **Daily evening prayer:** 9.30pm; **Eucharist:** at 9.30am every Sunday.

You can join in with us and talk to each other on ZOOM every week by emailing Revd Jane for an invitation for:

Wednesday Café Church at 10am (Eucharist one week, morning worship the next).

See www.blythvalleychurches.org.uk for the Orders of Service,

or if you want printed copies, please contact Jane and she will post them to you.

OR you can tune into the Church of England Services on the radio or television – see your TV guide.

Prayer: Every day we pray for: All those on our Team prayer list, the world, the church, and those who are in distress, trouble, sickness, or who have died. We also pray daily:

Monday	The NHS, associated professionals, and all the staff involved	Social Care, residential and home care, carers	All those involved in funeral services
Tuesday	Local businesses, our shops, supermarkets, pharmacies and for our economy	People working in utilities, connectivity services and bin collection, road maintenance etc	Armed forces, police, fire service and first responders, prison services and social workers
Wednesday	Our teachers, in schools, universities, and for those in research and for those providing ways to educate, engage and entertain children	Our children and young people whose lives have changed and whose futures look different	All families, apart or together, for all those laid off, made redundant, furloughed or otherwise not able to work
Thursday	Food producers, farmers, food chain workers, delivery drivers,	Staff in supermarkets, shops and those who in creative ways keep us fed, including pubs and restaurants	The foodbank, and the fresh food voucher scheme
Friday	Volunteer organisations and community groups	Our local groups, and organisations managing our responses to caring for and supporting our communities to keep us safe	Our neighbours and friends
Saturday	County, District, Town and Parish Councils, and the County Resilience Group	All local government and public sector staff	Our Town and our villages
Sunday	Ourselves and our families	Our Ministry Team, Elders, Churchwardens and parishes	Our Diocese, our Bishops, Archdeacons and Rural Dean

Wednesday Café Worship

Wednesday worship – with coffee and a chat!

Yes we can meet together – virtually – eat cake in the comfort of our own homes and worship too

Starting 29th April 10.00am every week

Join us on ZOOM!!!!!!

Every Wednesday at 10.00am

To join email Jane: jane@janeheld.co.uk



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